

MELISSA L. HOLLAND
Curriculum Vita

Professor

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Licensed Psychologist

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Education

- Ph.D. Utah State University, Logan, Utah. August 1999
Combined Psychology Program
APA Accredited
Specialization: Clinical, Counseling, School Psychology
Dissertation: “*An Investigation of the Psychometric Properties and Factor Structure of the ADHD Symptoms Rating Scale for Children and Adolescents.*” Chair: Kenneth W. Merrell, Ph.D.; Co-Chair: Gretchen Gimpel, Ph.D.
- M.S. Utah State University, Logan, Utah. June 1997
Counseling Psychology
Thesis: “*Preliminary Development and Content Validation of a Rating Scale for Assessing Attention-Deficit Hyperactivity Disorder in Children.*”
Chair: Kenneth W. Merrell, Ph.D.
- B.A., *with honors* University of California, Davis. June 1993
Major: Psychology
Advisor: Linda P. Acredolo, Ph.D.

Professional Experiences

Current Positions

- August 2013-
Present *Professor*, California State University, Sacramento.
Teach graduate level courses in the School Psychology Program at CSUS, both lecture style and practicum, in therapy, writing and assessment to School Psychology Master’s and Ed.S. level students. Advisor for student’s Ed.S. thesis projects and independent study courses.
- August 2023-
Present *Program Coordinator*, California State University, Sacramento
School Psychology Program. Coordinate the School
& Psychology Program at CSUS, including advise 1st, 2nd and 3rd year
August 2014- students, complete annual and biennial assessment reviews, attend all

August 2015 & January 2018- May 2018	coordinator's meetings, oversee adjunct faculty, and other related coordination duties.
Dec 2002- Present	<i>Licensed Clinical Psychologist</i> , Sacramento, CA. Private practice serving children, adolescents, adults and families. Individual, couples, and family therapy and assessment services.

Past Positions

August 2021- December 2024 & August 2014- August 2019	<i>Fieldwork and Internship Program Coordinator</i> , California State University, Sacramento. Coordinate the fieldwork and internship experience and placements for 2 nd and 3 rd year students.
Jan. 2004- Aug. 2013	<i>Part-time Faculty</i> , California State University, Sacramento. Taught graduate level courses, both lecture style and practicum, in therapy and assessment to School Psychology Master's level students. Supervised students in independent study and thesis writing courses.
Sept. 1999- Sept. 2002	<i>Licensed Clinical Psychologist</i> , River Oak Center for Children. Provided psychological assessment, individual, family and group psychotherapy, program consultation, training of practicum and internship students, and research in area of interest.
Sept. 1998- Aug. 1999	<i>University of California, Davis Medical Center/VA Northern California Health Care System Internship</i> . (APA-accredited). Provided psychological assessment, intake evaluation, crisis intervention, brief therapy, and individual adult, child, marital, family and group psychotherapy in an outpatient, managed care setting. Provided psychiatric consultation and liaison services to inpatient medical, surgical, and pediatric services.
Oct. 1997- March 1998	<i>Therapist</i> , Bear River Mental Health, Logan, Utah. Provided individual, family and group therapy in a Community Mental Health setting under the supervision of a licensed therapist. Utilized play therapy techniques at a child clinic.
March 1997- August 1997	<i>Therapist</i> , Child Evaluation and Treatment Center, Logan, Utah. Provided individual and family therapy for children and parents. Responsible for case management.
Dec. 1996-	<i>Mental Health Specialist</i> , Westside School District, Dayton, Idaho.

May 1997	Provided teacher and administrator consultation and individual counseling to high school students.
Oct. 1996- June 1997	<i>Therapist</i> , Utah State University Counseling Center, USU, Logan, Utah. Provided individual and group counseling to university students under the supervision of licensed psychologists.
Oct. 1996- June 1996 -&- Oct 1997- June 1998	<i>Mental Health Specialist</i> , Bear River Head Start, Logan, Utah. Provided brief and long-term, individual and group therapy for children and their families experiencing a variety of emotional, social, and behavioral problems. Conducted preschool and psychological assessments; responsible for case management. Conducted behavioral observation of children and consultation with parents and staff. Prepared and presented talks and programs on wide variety of mental health topics to families and staff.
June 1995- Sept. 1996 -&- July 1997- 1997	<i>Psychoeducational/Mental Health Specialist</i> , Community Family Partnership, Center for Persons with Disabilities, Utah State University. Conducted psychoeducational and developmental assessment of children ages 1 month-10 years; provided mental health therapy to individuals and families; consulted with preschool teaching staff; trained and supervised graduate assistants in assessment methods; recruited, trained, placed and supervised volunteers for CFP Big Brother, Big Sister Program; worked on a multidisciplinary team.
Sept. 1995- June 1996	<i>Psychoeducational Specialist</i> , Weber School District, Ogden, Utah. Administered, scored and interpreted psychoeducational assessment instruments; conducted individual psychotherapy and behavioral observations; consulted in classrooms; participated in IEP meetings and weekly staffings; worked on an interdisciplinary team within the school and mental health system. Worked with children ages 3-18.
Sept. 1994- Sept. 1997	<i>Therapist</i> , Psychology Community Clinic, Department of Psychology, Utah State University, Logan, Utah. Provided individual, couples, and family psychotherapy under the supervision of licensed clinical psychologists. Conducted diagnostic evaluations and responsible for case management.
Sept. 1993- Sept. 1994	<i>Residential Counselor/Special Education Assistant</i> , River Oak Center for Children, Sacramento, California. Provided care and assistance for severely emotionally disturbed children; counseled youth on appropriate behaviors and choices; implemented behavior management techniques (i.e., token economy, behavioral charting); supervised school and residential activities; prepared daily written reports; administered and recorded medications; prone restrained resident if resident was a physical threat to self or others; worked on a multidisciplinary team.

Teaching Experience

2021-Present	<i>Professor.</i> California State University, Sacramento (CSUS). Department of School Psychology. Courses taught: EPSY 201, 231, 239, 241, 243, 248, 249, 439, 440, 441, 542 – Therapy, research, supervision and assessment courses for School Psychology graduate students.
2017-2021	<i>Associate Professor.</i> California State University, Sacramento (CSUS). Department of School Psychology. Courses taught: EDS 201, 231, 239, 241, 243, 248, 249, 439, 440, 441, 542, EDGR 260 – Therapy, research, supervision and assessment courses for School Psychology graduate students.
2013-2017	<i>Assistant Professor.</i> California State University, Sacramento (CSUS). Department of School Psychology. Courses taught: EDS 231, 239, 241, 243, 248, 439, 440, 441, 542, EDGR 260 – Therapy, research, supervision and assessment courses for School Psychology graduate students.
2003-2013	<i>Part-Time Faculty Member.</i> California State University, Sacramento (CSUS). Department of School Psychology. Courses taught: EDS 231, 239, 241, 243, 248, 440 – Therapy, research and assessment courses for School Psychology graduate students.
Summer 1997	<i>Teaching Assistant,</i> Department of Psychology, Utah State University. Workshop in Psychopharmacology.
Spring 1993	<i>Teaching Assistant,</i> Department of Psychology, University of California, Davis. Graded assignments and examinations, held office hours for undergraduate course in Theories of Consciousness.

Research and Scholarly Activity

2023-Present	<i>Editorial Board Member,</i> Journal of Contemporary School Psychology. Board member responsibilities include review of submitted articles to the Journal and do editorial tasks as assigned.
2019-2023	<i>Researcher.</i> Examined trauma and crisis-related responses in school-aged children and their mothers at the Saint John's Shelter for Women and Children. Regular meetings regarding research design and involvement of graduate students in targeted clinical intervention based on residents' needs. Incorporation of graduate students into research projects.
2013-2020	<i>Lead Researcher.</i> Examined the social and emotional health of elementary age children as it relates to academic demands. Survey research in the schools, oversaw research team of 12 graduate and undergraduate students. Regular monthly meetings, in addition to visits to regional schools. Trained students in data collection, coding procedures, data

analysis and write up of results. SPSS procedures implemented. Data presented at regional and national conferences, in addition to article submission in peer reviewed journals.

- 2016- 2023 *Journal Article Peer Reviewer. Contemporary School Psychology, California Association of School Psychologists.*
- 2017 *Journal Article Peer Reviewer. Research in Developmental Disabilities.*
- 2001- 2006 *Prospectus Reviewer. New York: Guilford Publications, Inc.*
- May 2002 *Journal Article Peer Reviewer. Lawrence Erlbaum Associates.*
- April 2001 *Co-author, APA Self Study Report, River Oak Center for Children, Sacramento, CA. Co-authored self study report for application for APA accreditation of ROCC's psychology internship program.*
- April 1998 *Journal Article Peer Reviewer. Journal of Education and Treatment of Children.*
- June 1995-2001 *Researcher. Researched ADHD in the childhood population, September culminating in the development of a new assessment tool, the ADHD-SRS, published by PAR, Inc.*
- Sept. 1994-June 1995 *Research Assistant, Department of Psychology, Utah State University. Conducted research on ADHD and internalizing disorders in children. Duties included library research, coding protocols on a spreadsheet program, and assisting in development and dissemination of research materials. Ken Merrell, Ph.D. supervisor.*
- June 1992- *Research Assistant, Department of Psychology, University of June 1993 California, Davis. Conducted research on toddler's acquisition of language. Duties included videotaping parent-child interactions, coding interactions with a time-sampling system, entering data into a spreadsheet program, and attending weekly research development meetings. Linda Acredolo, PhD supervisor.*

University, College and Program Service

- August 2014-August 2015
&
January 2018-May 2018
&
August 2023-Present
- Program Coordinator, California State University, Sacramento School Psychology Program. Coordinate the School Psychology Program at CSUS, including advise 1st, 2nd and 3rd year students, complete annual and biennial assessment reviews, attend all coordinator's meetings, oversee adjunct faculty, and other related coordination duties, including chairing the 2024 NASP reaccreditation review and visit.*

August 2024-Present	<i>Sabbatical Leave Committee.</i> Review sabbatical applications for the University (CSUS).
Sept. 2024-May 2025	<i>Primary Evaluation Retention and Promotion Committee (PEC).</i> Served as a member on the College of Education RTP Primary Evaluation Committee (PEC) for CSUS.
August 2015-July 2019 & August 2021-December 2024	<i>Fieldwork and Internship Coordinator.</i> Coordinate the fieldwork and internship experiences at CSUS in the School Psychology Program.
November 2024	<i>Invited Speaker.</i> Spoke with faculty University-wide at the Multicultural Center on how to speak with students about election stress.
August 2023-May 2024	<i>Dean's Advisory Committee, Alternate Member.</i> Attend monthly meetings, vote when needed.
Sept. 2021-May 2023	<i>Secondary Evaluation Retention and Promotion Committee (SEC).</i> Served on the College of Education RTP Secondary Evaluation Committee (SEC) for CSUS. <i>Co-Chair 2021-2022: Secondary Evaluation Retention and Promotion Committee.</i> Co-chaired the College of Education RTP Secondary Evaluation Committee (SEC) for CSUS.
Nov. 2022-May 2023	<i>Peer Review Committee (PRC).</i> Served on University-wide committee reviewing post-closure RTP files for submissions by applicants.
Aug. 2013-May 2022	<i>College Research Review Committee (CRRC).</i> Review college research submissions for Human Subjects approval; work on related matters with the other members of the committee; develop and deliver responses to applicants. <i>Chair 2016-2018;</i> during time as chair of CRRC, developed electronic submission system for applicants.
April 2022	<i>Part-Time Faculty Evaluation Committee.</i> Served on the evaluation committee for part-time faculty members; co-authored evaluation letters for the 2020/2021 school year.

Sept. 2021- May 2022	<i>Selection Committees, School Psychology Tenure Track Position.</i> Served on committee to select candidate for two open tenure track positions in the Master's/EdS Program in School Psychology.
April 2021	<i>Part-Time Faculty Evaluation Committee.</i> Served on the evaluation committee for part-time faculty members; co-authored evaluation letters for the 2019/2020 school year.
April 2020	<i>Invited Guest Panelist.</i> Data Analytics and the Scholarship of Teaching and Learning Panel. Center for Teaching and Learning, CSUS.
April 2020	<i>Faculty Webinar.</i> The Faculty's Role in Supporting Students During Times of Crisis. Developed and presented informational webinar for COE faculty during COVID-19 with Dr. Stephen Brock.
August 2015- May 2019	<i>Faculty Senate.</i> Represented College of Education at the CSUS Faculty Senate Meetings.
Jan. 2019- May 2019	<i>Peer Review Committee (PRC).</i> Served on University-wide committee reviewing post-closure RTP files for submissions by applicants.
Sept. 2018- May 2019	<i>Secondary Evaluation Retention and Promotion Committee(SEC).</i> Member of the College of Education RTP Secondary Evaluation Committee for CSUS.
Sept. 2017- May 2018	<i>Chair, Primary Retention and Promotion Committee.</i> Chaired the work for the College of Education RTP committee for CSUS.
February 2018- May 2018	<i>Committee on Committees (COCO), Faculty Senate.</i> Served on the Committee on Committees to select members for the committees served through Faculty Senate at CSUS.
May 2017- July 2017	<i>Selection Committee, Associate Dean Search, College of Education.</i> Served on committee to select 2 candidates for 2 open Associate Dean positions in the Master's Program in the College of Education.
January 2017- May 2017	<i>Selection Committee, School Counseling Tenure Track Positions.</i> Served on committee to select 2 candidates for 2 open tenure track positions in the Master's Program in School Counseling.
August 2015- January 2018	<i>Grade Appeals Committee Member, CSUS.</i> Attend grade appeals hearings and evaluate information as related to student appeals.
January 2016-	<i>Selection Committee, School Psychology Tenure Track</i>

- May 2016 *Positions.* Served on committee to select 2 candidates for 2 open tenure track positions in the Master's/EdS Program in School Psychology.
- January 2016-
January 2019 *Primary Author, Folsom Hall Project Proposal.* Primary author on proposal to move the CCDS to Folsom Hall location to create a multidisciplinary community based clinic. Multiple revisions, meetings, tours of the facility and consultations in updating information and data over the years.
- Aug. 2013-
May 2015 *Strategic Planning, Accountability & Resources (SPAR) Committee.* Develop process for identifying strategic priorities for academic information & technology resources & infrastructure, curriculum resources, faculty and staff development needs, student development needs, external partnerships and external support; implement and monitor process, according to agreed-upon benchmarks – this may include collecting data related to progress towards benchmarks; make recommendations related to college environment for faculty, staff and students; provide input on database and program report designs; support strategic partnership development activities; make recommendations about support for faculty development and awards; select Outstanding Faculty (Outstanding Teaching, Scholarly and Creative Activity, University Service, and Community Service), Distinguished Alumni and Travel (PDCSA); select Teacher of the Month & Better Together Award recipients (PDCSA).
- January 2015-
May 2015 *Selection Committee, School Counseling Tenure Track Position.* Served on committee to select candidate for open tenure track position in the Master's Program in School Counseling.

Community Service

- Dec 2002-
Present *Private Practice, Licensed Clinical Psychologist, Sacramento, CA.* Practice serving children, adolescents, adults and families in the community. Some sliding scale and pro bono cases. Individual, couples, and family therapy and assessment services.
- January 2019-
May 2023 *Service Coordination Liaison.* Foster relationship between Saint John's Program for Real Change Women's and Children's Shelter and Sacramento State University. Pioneered fieldwork placement at Saint John's for School Psychology graduate students. Currently work in a consultative role on a research team examining trauma as it relates to homelessness at Saint John's Shelter. Involvement of CSUS students in both clinical practice and research; lead University supervisor for these students. Provide consultative services to Peter Burnett Elementary School, the local feeder school for the children who live at the shelter.

2016-Present	<i>Member.</i> School Psychology Educators of California (SPEC). Attend work-group meetings at CASP conferences and participate in agenda and position development over the year to further the work of this group focused on the graduate training of the state's school psychologists.
2019-2021	<i>Subject Matter Expert/Consultant.</i> Work with veterinarian agencies namely ELANCO, to provide consultative services and workshops to veterinarians and their staff to prevent and intervene in symptoms of burn-out and compassion fatigue.
Sept 2020	<i>Consultant.</i> Co-hosted synchronous Q&A session with Elk Grove School District for supporting the emotional health of students in their return to school during the time of COVID-19.
May 2020	<i>Consultant.</i> Consulted with the Canadian International School of Hong Kong on mental health considerations for students and staff as they return back to school after COVID-19, including a webinar for teachers.
April 2014-June 2019	<i>Consultant/Subject Matter Expert.</i> Consulted with Reel Link Films on projects such as <i>Race to Nowhere</i> screenings, <i>Beyond Measure</i> subject matter expert for pre-screening, participate in focus groups, brought <i>Beyond Measure</i> film screening to Sacramento for local community. Co-authored article with Reel Link Films Director, Vicky Abeles, on the topic of academic demands and social-emotional health (2015).
2017	<i>Expert Witness.</i> Lozano Smith Attorneys at Law representing Rocklin School District on special education cases.
2016	<i>Expert Witness.</i> Girard & Edwards Attorneys at Law representing Roseville School District on special education cases.
2011-2016	<i>Consultant.</i> Los Angeles Unified School District Office, Los Angeles, CA. Provide consultation and trainings to staff regarding mental health interventions and policy.
February 2015	<i>Evaluator for GED accommodations.</i> Evaluated assessment and case reports to determine if accommodations could be offered to select individuals.
2010-2014	<i>Consultant.</i> Implement Social Emotional Learning (SEL) Strong Start/Strong Kids curricula at Crocker-Riverside Elementary School, Sacramento CA. Trained teachers and staff in use of materials via workshop at the beginning of implementation of system. Oversee implementation of system, data collection, and weekly posts to parents on C-R's website regarding the curricula. Involvement of CSUS graduate students as co-facilitators/supervise graduate student work.

- 2011 *Consultant*. Challenge High School, Roseville, California. Provided consultation to school psychologists regarding effective interventions for students with internalizing disorders.

Publications

- Boullion, A., Brott, H., Oren, T., van Edkhardt, M., Holland, M.L., Brock, S.E., & Incaudo, G.A. (2024). Transgenerational impact of maternal adverse childhood experiences on children's mental health among families who are experiencing homelessness. *Journal of Child Protection and Practice*. <https://doi.org/10.1016/j.chipro.2024.100063>.
- Holland, M. L. & Hawks, J. L. (2023). *Mindfulness and acceptance and commitment practices in the school setting: Practical interventions for children and adolescents*. Routledge.
- Holland, M. L. & Brock, S. E., Oren, T. & van Eckhardt, M. (2021). *Burnout and Trauma Related Employment Stress: Acceptance and commitment strategies in the helping professions*. Springer.
- Boullion, A. M., Holland, M. L., Brock, S. E., & Incaudo, G. (2021). Rural family homelessness: Demographics, program design and outcome of a high barrier transitional housing and rehabilitation program. *Child and Family Studies*, <https://doi.org/10.1007/s10826-021-02144-6>
- Brock, S.E., Holland, M. (2021). Special section: School psychology and COVID-19. *Contemporary School Psychology*, 25, 1–2 <https://doi.org/10.1007/s40688-021-00360-x>
- Holland, M., Courtney, M., Vergara, J. McIntyre, D., Nix, S., Marion, A., & Shergill, G. (2021) Homework and children in grades 3–6: Purpose, policy and non-academic impact. *Child Youth Care Forum*. <https://doi.org/10.1007/s10566-021-09602-8>
- Holland, M. L., Hawks, J. L., Morelli, L., & Kahn, Z. (2021). Risk assessment and crisis intervention for youth in a time of telehealth. *Contemporary School Psychology*, 25, 12-26, DOI 10.1007/s40688-020-00341-6.
- Holland, M. L., Malmberg, J., & Gimpel, G. (2017). *Emotional and behavioral problems of young children: Effective interventions in the preschool and kindergarten years* (2nd ed.). Guilford Press.
- Holland, M. L., Sisson, H., & Abeles, V. (2015, January). Academic demands, homework, and social–emotional health. *NASP Communique*, 45(5), 10.
- Holland, M. L. (2012). Identifying psychopathological crisis reactions. In S. E. Brock & S. R. Jimerson (Eds.), *Best practices in school crisis prevention and intervention* (2nd ed.; pp 613-630). National Association of School Psychologists.

Gimpel, G. A., & Holland, M. L. (2003). *Emotional and behavioral problems of young children: Effective interventions in the preschool and kindergarten years*. Guilford Press.

Holland, M. L., Gimpel, G. A., & Merrell, K. W. (2001). *The ADHD Symptoms Rating Scale (ADHD-SRS)*. PAR.

Holland, M. L., Gimpel, G. A., & Merrell, K. W. (1998). Innovations in assessing ADHD: Development, psychometric properties, and factor structure of the ADHD symptoms rating scale (ADHD-SRS). *Journal of Psychopathology and Behavioral Assessment*, 20, 307-332. doi:10.1023/A:1021915606301

Holland, M. L., & Merrell, K. W. (1998). Social-emotional characteristics of preschool-age children referred for child find screening and assessment: A comparative study. *Research in Developmental Disabilities*, 19, 167-179. doi: [org/10.1016/S0891-4222\(97\)00049-8](https://doi.org/10.1016/S0891-4222(97)00049-8)

Merrell, K. W., & Holland, M. L. (1997). Social-emotional behavior of preschool-age children with and without developmental delays. *Research in Developmental Disabilities*, 18, 393-405. doi: 10.1016/S0891-4222(97)00018-8

**Presentations at Professional Conferences and Paid Workshops
(note: Peer-reviewed, blind submissions indicated with *)**

Holland, M.L. (2025, April). *Acceptance and commitment (ACT) strategies in the schools for trauma-exposed youth*. Workshop presented to the California Association of School Psychologist's virtual spring conference.

Holland, M.L. (2025, April). *Acceptance and commitment (ACT) strategies in the schools for trauma-exposed youth*. Workshop presented to the Lodi Unified School District.

Holland, M.L. (2025, February). *Acceptance and commitment (ACT) strategies in the schools*. Full-day workshop presented to the Kern County Unified School District.

*Holland, M.L. (2024, October). *Acceptance and commitment (ACT) strategies in the schools for trauma exposed youth*. Workshop presented to the California Association of School Psychologist's annual conference in Palm Desert, CA.

Holland, M.L. (2024, August). *Acceptance and commitment (ACT) strategies in the schools*. Full-day workshop presented to the Turlock Unified School District.

Holland, M.L. (2024, April). *Acceptance and commitment (ACT) strategies in the schools*. Half-day virtual workshop presented to the Los Angeles County Office of Education.

- *Holland, M.L. (2024, February). *Acceptance and commitment (ACT) strategies in the schools*. Paper presented to the National Association of School Psychologist's annual conference in New Orleans, LA.
- *Holland, M.L. (2023, October). *Acceptance and commitment (ACT) strategies in the schools*. Paper presented to the California Association of School Psychologist's annual conference in Los Angeles, CA.
- Holland, M. L. & Brock, S. E. (2023, September). *I can't take it anymore! Practical solutions for preventing burnout*. Webinar presented to Safe and Sound Schools organization.
- Holland, M.L. (2023, September). *Acceptance and commitment (ACT) strategies in the schools*. Full-day workshop presented to the Northern California Association of School Psychologists (NECASP).
- Holland, M.L. (2023, August). *Acceptance and commitment (ACT) strategies in the schools*. Half-day workshop presented to the San Juan Unified School District.
- Brock, S.E. & Holland, M.L. (2023, May). *Supporting Student & Staff Mental Health in the Context of COVID-19*. Full-day workshop presented to the Tulare County Office of Education.
- *Holland, M.L. & Brock, S.E. (2023, Feb). *Trauma-related employment stress and the school mental health practitioner: Practical ACT interventions*. Paper presented at the National Association of School Psychologists annual conference in Denver, CO.
- Holland, M.L. (2022, December). *Acceptance and commitment (ACT) strategies for school psychologist wellness*. Half day workshop presented to the Santa Cruz Association of School Psychologists.
- Holland, M.L. (2022, December). *Acceptance and commitment (ACT) strategies in the schools*. Full day workshop presented to the San Luis Obispo Association of School Psychologists.
- *Holland, M.L. & Brock, S.E. (2022, October). *Acceptance and commitment (ACT) strategies for school psychologist wellness*. Mini-skills workshop presented to the California Association of School Psychologist's annual conference in Los Angeles, CA.
- Holland, M.L. & Brock, S.E (2022, October) . *Trauma-related employment stress and the school behavioral health practitioner: Practical interventions*. Featured speaker at the annual conference of the California Positive Behavior Interventions Association in Sacramento, CA.
- Oren, T. & Holland, M.L. (2022, August). *Burnout, compassion fatigue, and self-care: Strategies for the teacher*. Full day workshop presented to the Petaluma Unified School District.

Holland, M. L. (2022, August). *Group therapy in the schools: A solution-focused approach*. Full-day workshop presented to the Elk Grove Unified School District.

Holland, M. L. (2022, March). *Burnout, compassion fatigue, and self-care: Strategies for the caregiver*. Webinar presented to Warmline Services.

*Oren, T., Van Eckhardt, M., Holland, M. L., & Brock, S.E. (2022, February). *Disrupting consequences of school-based burnout and trauma related employment stress*. Paper presented at the National Association of School Psychologists annual conference in Boston, MA.

*Holland, M. L., Martinez, K., Xiong, A., Shergill, G. (2022, February). *Community-based mentoring for children experiencing homelessness*. Poster presented at the National Association of School Psychologists annual conference in Boston, MA.

*Holland, M. L., & Riddle, S. (2022, February). *Mindfulness applications for parents and students: MAPS*. Poster presented at the National Association of School Psychologists annual conference in Boston, MA.

Holland, M.L. (2022, January). *Self-care and combatting burnout*. Invited speaker at the Annual School Psychology Student Association Conference at CSUS, Sacramento, CA.

Holland, M.L. (2021, October). *Return to school: Mental health and the pandemic*. Webinar presented to the Fremont Unified School District.

*Holland, M. L. (2021, October). *Risk assessment and crisis intervention for youth in a time of telehealth*. Paper presented at the International Webinar on Cognitive and Behavioral Neurosciences.

Holland, M.L. (2021, August). *Return to school: Mental health and the pandemic*. Workshop presented to the Elk Grove Unified School District.

Van Eckhardt, M., Oren, T., Holland, M. L., & Brock, S.E. (2021, March). *Burnout, compassion fatigue, and self-care: Strategies for the educator*. Webinar presented to the San Juan Unified School District.

Holland, M.L. (2021, March). *Mental wellness in the schools*. Webinar presented to CK McClatchy High School PTSA meeting in the Sacramento City Unified School District.

Brock, S. E., & Holland, M. L. (2021, March). *Burnout, compassion fatigue, and self-care: Strategies for the educator*. Webinar presented to Safe and Sound Schools organization.

Holland, M. L. (2021, February). *Acceptance and commitment practices in the school*. Full day webinar presented to Pleasanton Unified School District.

- *Shergill, G., Holland, M. L., Hernandez, M, Morales, V. (2021, February). *Homework implications across diverse student populations*. Poster presented at the Annual Conference of the National Association of School Psychologists (virtual).
- *Holland, M. L., Morelli, L., & Kahn, Z. (2021, February). *Risk assessment and crisis intervention for youth in a time of telehealth*. Poster presented at the Annual Conference of the National Association of School Psychologists (virtual).
- *Holland, M. L. (2020, November). *Burnout: Strategies for school personnel and mental health providers*. Paper presented for the California Association of School Psychologists annual conference (moved to virtual platform).
- *Holland, M. L. (2020, November). *Using mindfulness and acceptance work with teachers and parents*. Paper presented for the California Association of School Psychologists annual conference (moved to virtual platform).
- *Boullion, A. M., Brott, H., Holland, M. L., Brock, S. E., & Incaudo, G. (October, 2020). *Transgenerational Impact of Maternal Adverse Childhood Experiences on Children's Internalizing Behaviors*. Poster presented at the Western Psychological Association annual conference in San Francisco, CA (moved to virtual platform).
- Holland, M. L., & Brock, S. E. (2020, August). *Navigating the return to school during the COVID-19 pandemic*. Webinar presented to the Elk Grove Unified School District.
- Holland, M. L. (2020, July). *Compassion fatigue and self-care: Strategies for the veterinary professional*. Webinar presented for Elanco Veterinary Services.
- Brock, S. E., & Holland, M. L. (2020, May). *Helping CDNIS students navigate the return to school during the COVID-19 pandemic*. Webinar presented to the Canadian International School, Hong Kong.
- Holland, M. L. (2020, May). *Mindfulness in the schools: Strategies for students, parents and teachers*. Invited webinar for the California Association of School Psychologists.
- Holland, M. L. (2020, April). *Wellness strategies for the veterinary professional: Parts 1 and 2*. Invited webinar for Veterinary Centers of America Inc. (VCA).
- Holland, M. L. & Brock, S. E. (2020, March). *Compassion fatigue and self-care: Strategies for the school professional*. Invited webinar at the California Association of School Psychologists annual spring conference.
- Van Eckhardt, M., Oren, T., Holland, M. L., Brock, S. E. (2020, February). *Secondary traumatic stress (STS) in schools*. Seminar presented at Peter Burnett Elementary School to assist with educators who work with homeless children and their families from Saint John's Shelter.

- *Holland, M. L., Vergara, J., Morelli, L. C., & DeMarco, N. (2020, February). *A culture of frustration: Academic demands in the elementary grades*. Poster presented at the Annual Conference of the National Association of School Psychologists, Baltimore, MD.
- *Van Eckhardt, M., Oren, T., Holland, M. L., Brock, S. E. (2020, February). *Secondary traumatic stress (STS) in schools*. Poster presented at the Annual Conference of the National Association of School Psychologists, Baltimore, MD.
- *Van Eckhardt, M., Oren, T., Holland, M. L., & Brock, S.E. (2020, February). *Secondary traumatic stress (STS) in the school setting*. Paper presented at the Annual Conference of the National Association of School Psychologists, Baltimore, MD.
- Holland, M. L. (2020, January). *Burnout and self-care: Strategies for the school psychologist*. Invited keynote address delivered at the Annual School Psychology Student Association Conference at CSUS, Sacramento, CA.
- Van Eckhardt, M., Oren, T., Holland, M. L., Brock, S. E. (2020, January). *Secondary traumatic stress (STS) in schools*. Poster presented at the Annual School Psychology Student Association Conference at CSUS, Sacramento, CA.
- Holland, M. L., Vergara, J., Morelli, L. C., & DeMarco, N. (2020, January). *A culture of frustration: Academic demands in the elementary grades*. Poster presented at the Annual School Psychology Student Association Conference at CSUS, Sacramento, CA.
- Holland, M. L. (2019, December). *Compassion fatigue and self-care: Strategies for the school professional*. Invited guest lecture at the University of Athens, Athens Greece.
- Holland, M. L. (2019, November). *Compassion fatigue and self-care: Strategies for the veterinary professional*. Seminar presented at the Pacific Animal Hospital in Santa Cruz, CA.
- *Holland, M. L., Vergara, J., Morelli, L. C., & DeMarco, N. (2019, October). *A culture of frustration: Academic demands in the elementary grades*. Poster presented at the Annual Conference of the California Association of School Psychologists, Long Beach, CA.
- *Van Eckhardt, M., Oren, T., Holland, M. L., Brock, S. E. (2019, October). *Secondary traumatic stress (STS) in schools*. Poster presented at the Annual Conference of the California Association of School Psychologists, Long Beach, CA.
- *Holland, M. L. (2019, October). *Burnout and self-care: Strategies for the school psychologist*. Paper presented at the Annual Conference of the California Association of School Psychologists, Long Beach, CA.
- *Van Eckhardt, M., Oren, T., Holland, M. L., & Brock, S.E. (2019, October). *Secondary traumatic stress (STS) in the school setting*. Paper presented at the Annual Conference of the California Association of School Psychologists, Long Beach, CA.
- *Holland, M. L. (2019, October). *Compassion fatigue and self-care: Strategies for the PBIS*

professional. Paper presented at the 2019 4th Annual California PBIS General Conference in Sacramento, CA.

Holland, M. L. (2019, October). *Compassion fatigue and self-care: Strategies for the veterinary professional*. Seminar presented at the Walnut Creek Veterinary Association in Walnut Creek, CA.

Holland, M. L. (2019, October). *Compassion fatigue and self-care: Strategies for the veterinary professional*. Seminar presented at the San Jose Veterinary Group in Campbell, CA.

Holland, M. L. (2019, October). *Compassion fatigue and self-care: Strategies for the veterinary professional*. Seminar presented at the Sacramento Veterinary Association in Sacramento, CA.

Holland, M. L. (2019, September). *Compassion fatigue and self-care: Strategies for the veterinary professional*. Seminar presented at the VCA Greenhaven Pocket Animal Hospital in Sacramento, CA.

Holland, M. L. (2019, August). *Short-term counseling models in the schools*. Full day workshop presented at the Elk Grove Unified School District, Elk Grove, CA.

Holland, M. L. (2019, July). *Compassion fatigue and self-care: Strategies for the veterinary professional*. Seminar presented at the PVMA meeting, Belmont, CA.

Holland, M. L. (2019, April). *Compassion fatigue and self-care: Strategies for the veterinary professional*. Seminar presented at the VCA Animal Hospital, Oahu, HI.

*Holland, M. L., Badalyan, L., Morales, V., & Torres, C. (2019, February). *Youth anxiety in the schools*. Poster presented at the Annual Meeting of the National Association of School Psychologists, Atlanta, GA.

*Holland, M. L., Courtney, M. (2019, January). *Academic demands and the health of children: New directions*. Paper presented at the California Student Mental Wellness Conference, Sacramento, CA.

Brock, S. E. & Holland, M. L. (2019, January). *School based mindfulness practices to address traumatic stress*. Invited presenter at the Annual School Psychology Student Association Conference at CSUS, Sacramento, CA.

Holland, M. L. (2018, November). *Advanced group counseling training for school psychologists and mental health clinicians*. Full day workshop presented at the Solano Unified School District, Vacaville, CA.

*Holland, M. L., McIntyre, D. & Marion, A. (2018, November). *Parent-teacher partnership: New directions in managing academic demands*. Paper presented at the Annual Conference of the California Association of School Psychologists, San Diego, CA.

*Holland, M. L., Badalyan, L., Morales, V., & Torres, C. (2018, November). *Youth anxiety in the schools*. Poster presented at the Annual Conference of the California Association of School Psychologists, San Diego, CA.

*Holland, M. L., Hernandez, M. & Lujano, D. (2018, November). *Sleep and academic demands: Preliminary research in grades 3-6*. Poster presented at the Annual Conference of the California Association of School Psychologists, San Diego, CA.

*Brock, S. E., Holland, M. L., Rodriguez, C. & Barokha, A. (2018, November). *Mindfulness and trauma informed practice in the schools*. Paper presented at the Annual Conference of the California Association of School Psychologists, San Diego, CA.

Holland, M. L. (2018, August). *Mindfulness practice in the schools*. Full-day workshop presented to the San Jose Unified School District, San Jose, CA.

Holland, M. L. (2018, July). *Cognitive behavior therapy to address anxiety and depression in the schools*. Half day workshop presented at the Summer Conference of the National Association of School Psychologists, Orange County, CA.

Brock, S. E. & Holland, M. L. (2018, July). *School based mindfulness practices to address traumatic stress*. Full Day workshop presented at the Summer Conference of the National Association of School Psychologists, Orange County, CA.

Holland, M. L. (2018, June). *Academic demands and the social-emotional health of children: Advocating for research informed practice*. Presentation at the Powerful Day of Learning at California State University, Sacramento, Sacramento, CA.

Holland, M. L. & Brock, S. E. (2018, April). *Mindfulness and trauma informed practice*. Paper presented at the 24th Annual Multicultural Education Conference, California State University, Sacramento, Sacramento, CA.

Holland, M. L. (2018, April). *Cognitive behavior therapy and anxiety in the schools*. Half day workshop presented at the Roseville County School District, Roseville, CA.

Holland, M. L. (2018, March). *Acceptance and commitment group counseling training for school psychologists and mental health clinicians*. Full day workshop presented at the Spring Conference of the California Association of School Psychologists, Monterey, CA.

Holland, M. L. (2018, March). *Academic demands and the social-emotional health of children: Advocating for research informed practice*. Half day presentation at the Annual California Association of School Psychologists, Monterey, CA.

Holland, M. L. (2018, March). *Mindfulness practice in the workplace*. Half-day workshop presented to the Merced City School District, Merced, CA.

Holland, M. L. (2018, March). *Mindfulness practice in the schools*. Half-day workshop presented to the Merced City School District, Merced, CA.

- Holland, M. L. (2018, January). *Academic demands and the social-emotional health of children: Advocating for research informed practice*. Paper presentation at the Annual School Psychology Student Association Conference at CSUS, Sacramento, CA.
- Holland, M. L. (2018, January). *Mindfulness practice in the schools*. Full day workshop presented to the Merced City School District, Merced, CA.
- Holland, M. L. (October, 2017). *Trauma informed practice and mindfulness*. In-service training presented to the Lozano-Smith Law Firm in Monterey, CA.
- *Brock, S. E. & Holland, M. L. (2017, October). *Mindfulness and trauma informed practice*. Paper presented at the Annual Meeting of the California Association of School Psychologists conference in Garden Grove, CA.
- Holland, M. L. (2017, September). *Advanced group counseling training for school psychologists and mental health clinicians*. Full day workshop presented at the Solano Unified School District, Vacaville, CA.
- Holland, M. L. (2017, August). *Trauma informed practice and mindfulness*. In-service training presented to the Lozano-Smith Law Firm in San Diego, CA.
- Holland, M. L. & Brock, S. E. (2017, July). *School based mindfulness practices to address traumatic stress*. Full day workshop presented at the Summer Conference of the National Association of School Psychologists, Las Vegas, NV.
- Holland, M. L. (2017, July). *Mindfulness and acceptance practices in the schools*. Half day workshop presented at the Summer Conference of the National Association of School Psychologists, Las Vegas, NV.
- Holland, M. L. (2017, June). *Mindfulness practice in the schools*. Two day workshop presented district wide to teachers and staff of the Marysville Unified School District, Marysville, CA.
- Holland, M. L. & Brock, S. E. (2017, May). *Mindfulness and trauma informed practice*. Full day workshop presented for the El Dorado Office of Education, El Dorado Hills, CA.
- Holland, M. L. (2017, March). *Trauma informed practice and mindfulness*. In-service training presented to Lozano-Smith Law Firm in Sacramento, CA.
- Holland, M. L. & Brock, S. E. (2017, March). *Mindfulness and trauma informed practice*. Full day workshop presented for the El Dorado Office of Education, Redwood City, CA.
- *Holland, M. L., Brock, S. E., & Hazen, S. (2017, February). *School based mindfulness practices to address traumatic stress*. Paper presented at the meeting of the National Association of School Psychologists, San Antonio, Texas.

- Holland, M. L. & Brock, S. E. (2017, January). *Mindfulness and trauma informed practice*. Full day workshop presented at the Los Angeles County Office of Education, Downey, CA.
- Holland, M. L. (2017, January). *Body posture and mindfulness: The power of presence*. Keynote speaker at the Winter Annual School Psychology Student Association Conference at CSUS, Sacramento, CA.
- Holland, M. L. (2016, December). *Mindfulness and acceptance practices in the schools*. Full day workshop presented at the Elk Grove Unified School District, Elk Grove, CA.
- Holland, M. L. (2016, November). *Group counseling training for school psychologists and mental health clinicians*. Full day workshop presented at the Solano Unified School District, Vacaville, CA.
- Holland, M. L. (2016, August). *Mindfulness-body practice in the schools*. Full Day Workshop presented at the Jacksonville Unified School District, Jacksonville, IL.
- Holland, M. L. (2016, April). *Mindfulness and acceptance practices in the schools*. Full day workshop presented at the Puente Hills Unified School District, Puente Hills, CA.
- Holland, M. L. (2016, April). *Cognitive behavior therapy and mindfulness in the schools*. Full-day workshop presented at the El Dorado County Office of Education, El Dorado Hills, CA.
- Holland, M. L. (2016, April). *Mindfulness-body practice in the schools*. Half Day Workshop presented at the Spring Meeting of the California Association of School Psychologists, Monterey, CA.
- *Holland, M. L. (2016, February). *Mindfulness-body practice in the schools*. Paper presented at the Annual Meeting of the National Association of School Psychologists, New Orleans, LA.
- Holland, M. L. (2015, October). *Cognitive behavior therapy and other evidenced based interventions for depression and anxiety in school-aged children*. Full day workshop presented at the Los Angeles County Office of Education, Downey, CA.
- Holland, M. L. (2015, October). *Cognitive behavior therapy and other evidenced based interventions for depression and anxiety in school-aged children*. Half-day workshop presented at the El Dorado County Office of Education, El Dorado Hills, CA.
- Holland, M. L. (2015, October). *Cognitive behavior therapy and other evidenced based interventions for depression and anxiety in school-aged children*. Full day workshop presented at the Puente Hills Unified School District, Puente Hills, CA.
- *Smith, L., Courtright, C., & Holland, M.L. (2015, October). *Using Restorative Justice in Schools to create positive change: Promising Interventions for School Psychologists*.

Paper presented at the Annual Meeting of the California Association of School Psychologists Conference, Riverside, CA.

Holland, M. L. (2015, September). *Cognitive behavior therapy and other evidenced based interventions for depression and anxiety in school-aged children*. Full day workshop presented at the Puente Hills Unified School District, Puente Hills, CA.

Smith, L., & Holland, M. L., & Courtright, C. (April, 2015). *Social justice for African American and Hispanic students in secondary schools*. Paper presented at the meeting of the 21st Annual Multicultural Education Conference, California State University, Sacramento, Sacramento, CA.

Holland, M. L. (2015, March). *Mindfulness and Acceptance Practices in the Schools*. Half day workshop presented at the California Association of School Psychologists Spring Conference, Sacramento, CA.

Holland, M. L. (2015, March). *DSM-5 Implications for School Psychologists*. Half day workshop presented to the Newark Unified School District, Newark, CA.

*Holland, M. L. & Abeles, V. (2015, February). *Race to Nowhere*. Film screening and guided discussion on topic of academic demands and mental health at the National Association of School Psychologists, Orlando FL.

*Smith, L., Courtright, C. & Holland, M. L. (2015, February). *Positive Behavior Supports for African American and Hispanic students in secondary schools*. Paper presented at the Annual Meeting of the National Association of School Psychologists, Orlando, FL.

*Holland, M. L. & Sisson, H. (2015, February). *Mindfulness and Acceptance Practices in the Schools*. Paper presented at the Annual Meeting of the National Association of School Psychologists, Orlando, FL.

Holland, M. L. (2015, January). *Mindfulness and Acceptance Practices in the Schools*. Half day workshop presented at the Winter Annual School Psychology Student Association Conference at CSUS, Sacramento, CA.

Holland, M. L. (2015, January). *Mindfulness and Acceptance Practices in the Schools*. Full day workshop presented at the Los Angeles Unified School District Office, Los Angeles, CA.

*Holland, M. L. & Sisson, H. (2014, February). *Academic Demands and Youth Social-Emotional Health: New Directions*. Paper presented at the meeting of the National Association of School Psychologists, Washington D.C..

*Holland, M. L. & Larkin, A. (2014, February). *A Three Tiered Prevention-Intervention School Based Mindfulness Program*. Mini-skills Workshop presented at the meeting of the National Association of School Psychologists, Washington D.C..

Holland, M. L. & Gutierrez, M. (2014, January). *DSM-5: Clinical, Educational and Legal*

Implications. Full day workshop presented at the Winter Annual School Psychology Student Association Conference at CSUS, Sacramento, CA.

*Holland, M. L. & Sisson, H. (2013, November). *Academic Demands and Youth Social-Emotional Health: New Directions.* Paper presented at the meeting of the California Association of School Psychologists, Newport Beach, CA.

*Larkin, A., Sisson, H., Judy, J., & Holland, M. (2013, November). *Middle School Early Intervention Group Therapy Curriculum: Teaching Tolerance.* Paper presented at the meeting of the California Association of School Psychologists, Newport Beach, CA.

Holland, M. L. (2013, May). *Cognitive behavior therapy and other evidenced based interventions for depression and anxiety in school-aged children.* Full day workshop presented at the San Mateo County Unified School District, Redwood City, CA.

Holland, M. L. (2013, February). *Understanding stress and anxiety: Practical tools for prevention and intervention.* Seminar presented to The National Charity League, Sacramento Chapter, Class of 2015.

Holland, M. L. (2013, January). *Cognitive behavior therapy and other evidenced based interventions for depression and anxiety in school-aged children.* Full day workshop presented at the Antelope Valley Unified School District, Palmdale, CA.

Holland, M. L. (2013, January). *Cognitive behavior therapy and other evidenced based interventions for depression and anxiety in school-aged children.* Full day workshop presented at the Newport Mesa Unified School District, Costa Mesa, CA.

Holland, M. L. (2012, November). *Cognitive behavior therapy and other evidenced based interventions for depression and anxiety in school-aged children.* Full day workshop presented at the Marin County Unified School District, San Rafael, CA.

Holland, M. L. (2012, September). *Social and Emotional Learning as a Foundation for Mental Health Promotion in Schools.* Full day workshop presented at the Lemoore Union High School District, Lemoore, CA.

Holland, M. L. (2012, September). *Cognitive behavior therapy and other evidenced based interventions for depression and anxiety in children.* Full day workshop presented at the Lemoore Union High School District, Lemoore CA.

Holland, M. L. (2012, May). *Cognitive behavior therapy and other evidenced based interventions for depression and anxiety in children and adults.* Full day workshop presented at the Placer County Children's System of Care, Auburn, CA.

Holland, M. L. (2012, May). *Cognitive behavior therapy and other evidenced based interventions for depression and anxiety in school-aged children.* Full day workshop presented at the Rocklin Unified School District, Rocklin, CA.

Holland, M. L. (2012, May). *Cognitive behavior therapy and other evidenced based*

interventions for depression and anxiety in school-aged children. Full day workshop presented at the Solano Unified School District, Vacaville, CA.

Holland, M. L. (2012, April). *The Counseling Process, Including Interventions for Depression and Anxiety in School-Age Children.* Half day workshop presented at the Elk Grove Unified School District, Elk Grove, CA.

Holland, M. L. (2012, March). *Cognitive Behavior Therapy and Mindfulness.* Full day workshop presented at the Placer County School District, Rocklin, CA.

*DeCarl, A., Lopez, T. & Wolf, J. Holland, M. L. (2012, February). *Using Student Perspectives to Create Tolerance and Bullying Preventative Strategies.* Paper presented at the meeting of the National Association of School Psychologists, Philadelphia, PA.

*Tanner, L., & Holland, M.L. (2012, February). *Beyond Discipline: Depression and Suicide-risk in Students Involved in Cyberbullying.* Paper presented at the meeting of the National Association of School Psychologists, Philadelphia, PA.

Holland, M. L. (2012, January). *Cognitive behavior therapy and other evidenced based interventions for depression and anxiety in school-aged children.* Full day workshop presented at the Los Angeles Unified School District Office, Los Angeles, CA.

Holland, M. L. (2011, November). *Cognitive behavior therapy and other evidenced based interventions for depression and anxiety in school-aged children.* Full day workshop presented at Stockton Unified School District Office, Stockton, CA.

Holland, M. L. (2011, October). *Cognitive behavior therapy and other evidenced based interventions for depression and anxiety in school-aged children.* Full day workshop presented at the Semi-Annual Region 3 Conference for Sacramento City School District, Sacramento, CA.

Holland, M. L. (2011, October). *Cognitive behavior therapy and other evidenced based interventions for depression and anxiety in school-aged children.* Full day workshop presented at the Sacramento County Office of Education, Sacramento, CA.

Holland, M. L. (2011, October). *Mental health services in schools.* Half day workshop presented at the Fall Conference, California State University, Sacramento, CA.

Holland, M. L. (2011, September). *Evidenced based interventions for depression and anxiety in school-aged children.* Full day workshop presented at the Sacramento County Office of Education, Sacramento, CA.

Holland, M. L. (2011, May). *Evidenced based interventions for depression and anxiety in school-aged children.* Full day workshop presented at the Placer County School District, Rocklin, CA.

- *Acquintero, C., Dubitsky, M., & Holland, M. L. (2011, March). *Psychological RTI for the Classroom*. Paper presented at the Spring Meeting of the California Association of School Psychologists, Riverside, California.
- *Holland, M. L. (2010, March). *Early Behavioral Interventions and Treatment Coordination for Elementary Age Children*. Paper presented at the 2010 meeting of the National Association of School Psychologists in Chicago, IL.
- Holland, M. L., & Gimpel, G. A. (2004, March). *Practical interventions for young children with emotional and behavioral problems*. Half day workshop presented at the 2004 meeting of the California Association of School Psychologists, Riverside, CA.
- *Holland, M. L., & Gimpel, G. A. (2004, March). *Practical interventions for young children with internalizing problems*. Paper presented at the 2004 meeting of the National Association of School Psychologists in Dallas, TX.
- *Holland, M. L., & Merrell, K.W. (2002, March). *Assessment and identification of attention deficit hyperactivity disorder in the schools: New directions*. Paper presented at the 2002 California Association of School Psychologist's Conference in Sacramento, CA.
- *Ecklund, K. Y., Holland, M. L., & Ledgerwood, M. (2001, August). *Clinical supervision, clinical services, and client satisfaction*. Poster presented at the 2001 American Psychological Association Convention in San Francisco, CA.
- *Merrell, K.W., Caldarella, P., Gimpel, G. A., & Holland, M. L. (2000, March). *Innovations in Assessing Social-Emotional Problems of Children and Youth*. Symposium presented at the March 2000 meeting of the National Association of School Psychologists, New Orleans, LA.
- *Holland, M. L., & Gimpel, G. A. (1999, April). *Parent vs. teacher ratings and hyperactivity/impulsivity scores vs. inattentive scores in predicting ADHD*. Poster presented at the meeting of the National Association of School Psychologists, Las Vegas, NV.
- *Gimpel, G. A., Holland, M. L., Rollins, L., Greenson, J., & Collett, B. (1999, April). *Developmental issues in assessment and treatment of ADHD*. Paper presented at the meeting of the National Association of School Psychologists, Las Vegas, NV.
- *Holland, M. L., Gimpel, G. A., & Merrell, K. W. (1998, November). *Assessing ADHD: Clinical utility of the ADHD symptoms rating scale*. Poster presented at the meeting of the Association for Advancement of Behavior Therapy (AABT), Washington D.C..
- *Holland, M. L., Merrell, K. W., & Gimpel, G. A. (1998, October). *Innovations in assessing ADHD: The ADHD symptoms rating scale*. Paper presented at the meeting of the Council for Educational Diagnostic Services, Las Vegas, NV.
- *Merrell, K. W., & Holland, M. L. (1998, October). *Practical assessment of children's*

social behavior: The school social behavior scales and preschool and kindergarten behavior scales. Paper presented at the meeting of the Council for Educational Diagnostic Services, Las Vegas, NV.

Holland, M. L. (1998, January). *Positive Communication and Conflict Resolution.* Workshop presented at the Head Start Conference, Bear River Head Start, Logan, Utah.

*Merrell, K. W., Holland, M. L., Caldarella, P., & Michael, K. D. (1997, September). *Innovations in assessing emotional and behavioral disorders of children and youth.* Symposium presented at the Seventh Annual Virginia Beach Conference: Children and Adolescents with Emotional and Behavioral Disorders, Virginia Beach, VA.

*Holland, M. L., & Merrell, K. W. (1997, February). *Identification of behavioral and emotional problems of preschool and kindergarten aged children referred for assessment of developmental delays.* Poster presented at the meeting of the Utah Association of School Psychologists, Salt Lake City, UT.

Holland, M. L. (1997, January). *The mystery of ADHD.* Workshop presented at the Head Start Conference, Bear River Head Start, Logan, UT.

*Holland, M. L., & Merrell, K. W. (1996, October). *Behavioral, social, and emotional problems in preschool and kindergarten aged children: New directions in assessment and identification.* Poster presented at the meeting of the Kansas Conference in Clinical Child Psychology, Lawrence, KS.

*Holland, M. L. (1996, March). *Attention-deficit hyperactivity disorder: New directions in assessment.* Poster presented at the meeting of the National Association of School Psychologists, Atlanta, GA.

Media

Brock, S.E. & Holland, M. L. (2021, September). Podcast recorded for Safe and Sound Schools, [*The Sound Off on School Safety*](#). Aired October, 2021.

Holland, M. L. (2021, March). Interview with Laura McKenna, reporter for Edutopia. Are we facing a mental health crisis for boys?
<https://www.edutopia.org/article/are-we-facing-mental-health-crisis-boys>

Holland, M. L. (2020, April). Interview with Sohail Al-Jamea, Senior Motion Graphics Producer at the Sacramento Bee on COVID-19 and the mental wellness of children for news article, Sacramento, California.
https://www.sacbee.com/news/coronavirus/article242530961.html?fbclid=IwAR0r9-u1CzZ7didM_flPltUYH1wq8t8usQQIz3sohCSET9XDGYOA6RKB4Tg

Holland, M. L. (2017, October). Addressing the Mental Wellness of Students: Social, Legal and Clinical Perspectives. Interview with Marcy Gutierrez and Kate Holding for an ASCA Leadership publication, Sacramento, California.

Holland, M. L. (2006, March). Weather Blues Affecting Sacramento Moods, Psychologist Says. Interview with News 10, Sacramento, California.

Licensure

Licensed Psychologist. State of California, March 2001

Certification

School Psychologist. State of Utah, November 1997

Professional Affiliations & Activities

1998-Present	<i>Member, National Association of School Psychologists</i>
2002-Present	<i>Member, California Association of School Psychologists</i>
2013-Present	<i>Member, Trainers of School Psychologists</i>
2015- Present	<i>Contributing Evergreen Member, Capitol Public Radio</i>
2021-2023	<i>Chief Executive Officer, The Ulrich Oldham Legacy Fund (nonprofit)</i>
2011-2018	<i>Front of House Manager, Young Actors Stage Community Theatre</i>
2001-2006	<i>Board Member/Membership Chair, Sacramento Valley Psychological Association</i>
1997-2008	<i>Member, American Psychological Association</i>
1995-1999	<i>Student Affiliate, A.P.A., Section on Clinical Child Psychology</i>
1995-1999	<i>Student Affiliate, The Society of Pediatric Psychology</i>
1996-1997	<i>Graduate Student Representative, Pro-Sci Psychology Program, Utah State University</i>
1995-1996	<i>Graduate Student Senator, represented the Psychology Department at Utah State University</i>
1995-1996	<i>Committee Chair, Library and Campus Issues Committee, Graduate Student Senate, Utah State University</i>
1993-Present	<i>Lifetime Member, UC Davis Aggie Alumni Association</i>

Honors, Grants and Awards

2021	Early promotion to Full Professor, CSUS.
2019	<i>Outstanding Scholarly and Creative Activities Award – College of Education.</i> Recipient of 2019 University faculty recognition award.

2018	<i>Raskauskas Legacy Lecture Awardee.</i> Awarded as honorary lecturer (CelebrateED week) and \$1,000 to support scholarly work and research endeavors at CSUS.
2015	<i>Dr. Charles Toto Memorial Faculty Development Fund.</i> Awarded \$1,000 to support scholarly work and research endeavors.
2016	Early Tenure and Promotion to Associate Faculty, CSUS
2014	<i>UEI Faculty Grant.</i> Awarded \$750.00 to support research in area of academic demands and student mental health.
2001	<i>Peer Recognition Award,</i> River Oak Center for Children
1997-1998	<i>National Dean's List</i>
1994-1998	<i>Graduate Student Honor Roll,</i> Utah State University
1996	<i>Distinguished Service Award,</i> Utah State University
1995-1996	<i>Rural Psychology Training Grant,</i> USU
1991-1993	<i>Psi Chi,</i> National Honor Society in Psychology
1993	<i>Phi Kappa Phi,</i> National Honor Society for Academic Excellence
1992-1993	<i>Dean's List,</i> U.C. Davis
1991	<i>Dean's List,</i> U.C. Santa Barbara

Thesis and Dissertation Committees

Thesis

Primary Advisor on all listed Thesis and Thesis Projects

1. Courtright and Smith (2014). Thesis Project
*Title: Examining The Achievement Gap And School-To-Prison Pipeline: Tier 2 Behavior Interventions For African American And Hispanic Students In Secondary Schools
2. Sisson (2015). Thesis Project
*Title: Academic Demands on the Social-Emotional Health of Primary Grade Students
3. Bryan & Holly (2015). Thesis Project
*Title: The Effectiveness of a Modified Social and Emotional Learning Group Curricula With Third and Fourth Grade Students
4. DeWitt & Wright (2016). Thesis Project
*Title: Attachment Awareness: A Therapeutic Approach to Developing a Secure Learning Environment
5. Silva & Valenzuela (2016). Thesis Project
*Title: A Restorative Approach to Group Counseling with the LGBTQ Population
6. Mladenik & Mueller (2017). Thesis Project
* Title: Families in Transition: Supporting Students Experiencing Separation or Divorce of Primary Caregivers

7. Koblik (2017). Thesis Project
*Title: Bullying Among Slavic Populations In Schools: A Bullying Prevention/Intervention Training Guide For Staff Working With Students Of Slavic Population
8. Courtney & Nix (2018). Thesis
*Title: The Effects Of Homework On Students' Social-Emotional Health
9. DePaulo & Scott (2018). Thesis Project
*Title: Take Action: An Eight Week Acceptance And Commitment Therapy Group Curriculum
10. Marion & McIntyre (2019). Thesis
*Title: Student, Parent, And Teacher Perceptions On Homework And The Perceived Effects Of Homework On Family Time
11. Hernandez & Morales (2020) .Thesis
*Title: Homework Implications Across Diverse Student Populations
12. Kraft & Scoggan (2020). Thesis Project
*Title: Mindfulness Applications For Parents and Students (MAPS)
13. Fischer (2021). Thesis Project
* My Quarantine Routine
14. Oren & VanEckhardt (2021). Thesis
*The impact of trauma on mental health and behavioral outcomes among youth experiencing homelessness
15. Nguyen (2021). Thesis Project
*Tuning in: Using EdTV to supplement student learning
16. Khan & Morelli (2022). Thesis Project
* Telehealth risk assessment and crisis intervention for secondary students: best practices for school wellness providers
17. Garcia & Pekari (2022). Thesis Project
*The Mindful Movement Curriculum
18. Pacheco & Xiong (2023). Thesis Project
*A calming corners guide: self-regulating strategies for home and school
19. Samra & Stroud (2023). Thesis Project
* Students overcoming anxiety: A social anxiety curriculum (k-8)
20. Baisden (2024). Thesis Project
*Curbing social media addiction: A guide to promoting student wellbeing

21. Ford & Garcia-Lopez (2024). Thesis Project
*Mindful minds: An anxiety curriculum for adolescents
22. Sypyuk (2024). Thesis Project
* Practicing mindfulness in school to prevent anxiety disorders in students

Dissertation

Committee Member

1. Mackey (2020).
*Title: Maintaining the passion? Assessing burnout in university students. EDD in Educational Leadership.
2. Trezza (2021).
*Title: Adverse childhood experiences and the community. EDD in Educational Leadership.
3. Goldman (2024).
* Investigating Structural Burn Through in the Principalship